



*Helping children and families  
identify their best path for the future  
through a compassionate, holistic,  
and evidence-based approach.*



1000 S. Michigan St. | South Bend, IN | 46601

[safepassageindiana.com](http://safepassageindiana.com)

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To make a referral, please visit:  
[safepassageindiana.com/referrals](http://safepassageindiana.com/referrals)

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### Program Director

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### Admissions

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Diagnostic and Stabilization Program\*  
by Rite of Passage

*\*Licensed by the Indiana Department of  
Child Services as a Private Secure Facility*



## About Our Program

At SAFE Passage, we recognize that every child is struggling with a unique set of obstacles, which is why we tailor every element of our program to the specific needs of the individual and his or her family.

Our program provides a safe environment in which we can work to stabilize behaviors, assess emotional and cognitive functioning, and evaluate the youth's home environment and family dynamics. The initial 30-day stabilization and diagnostic evaluation may be followed by up to 30 additional days for transition planning and placement.

SAFE Passage's highly skilled and experienced team of medical and clinical professionals assess and diagnose each referral and develop comprehensive service recommendations. Our team provides critical information and individualized recommendations to DCS and Juvenile Probation to assist in determining the best suited and least restrictive setting for the youth.

## Supporting Youth in Crisis

SAFE Passage accepts male and female youth ages 10 to 18. Our program is designed to serve youth who present with a myriad of needs, including, but not limited to: acute distress, atypical behavior patterns, criminal behavior, disruptive behaviors (including elopement), family turmoil, substance abuse, mental health issues, self-harm, negative school behavior, and/or assaultive behavior.

## Our Approach

Through compassionate, holistic, and evidence-based programming, we aim to provide a temporary stable environment in which we can address any harmful behaviors a child may be exhibiting. Services are gender-specific and developmentally appropriate.

We follow a trauma-informed approach in which service delivery begins with an understanding and sensitivity to each youth's individual trauma experience and trauma-related issues. All services are provided within an environment that fosters physical, psychological, and emotional safety.

## Feel Good About the Path We're Walking Together

In addition to providing holistic, diagnostic consultations, we also focus on providing youth with meaningful skill development opportunities. We teach youth how to regulate their emotions in healthy ways, identify their personal goals, and cultivate robust relationships with themselves and others.



## Exclusionary Criteria

SAFE Passage may not be an appropriate placement for all youth. Our exclusionary criteria include the following:

- Youth younger than 10 or older than 18.
- Youth who present with substance use as a primary reason for admission or who need a medical model detoxification.
- Youth who present with medical/behavioral issues so acute that participation in the program is not safe. This may include active psychosis, homicidal and/or suicidal ideation that compromises safety, active self-harming, and/or specific medical conditions requiring medical care not available onsite.
- Youth who present with, or who have a documented, IQ index of 60 or below or who have severe developmental delays.
- Youth who present with primary antisocial behaviors that are judged at pre-admission to not be associated with psychiatric, developmental, or neurological conditions.